BREAKFAST

RAGLAN BAGELS

Avocado, pesto, swiss cheese, pickled fennel, slow roast tomato 21 Smoked kahawai, herbs, chopped egg, caper remoulade 18 Cream cheese and jam 13

WAFFLE 20 Gingerbread waffle, poached pear, custard cream, hazelnut blueberry crumb

PORRIDGE 18 can be made vegan Spiced oats, beetroot & cranberry compote, brown sugar syrup, orange yoghurt, almond crumble, cream

CHILLI SCRAMBLE 24 can be made gluten free Scrambled eggs, sourdough, pumpkin, peanut chilli crunch, feta, red chilli, pickled red onion, coriander

MUSHROOMS ON TOAST 23 can be made gluten free Thyme roasted, balsamic cream, whipped ricotta, walnut dukkah, parmesan, sourdough

CHILLI CRUNCH RICE 21 gluten free | dairy free | can be made vegan

Miso fried brown rice, coriander & cabbage slaw, kewpie mayo, lime, peanut chilli crunch add Sticky chicken thigh +7 | Chilli fried egg +4 | Miso mushrooms +6 vegan

BREAKFAST BOWL 25 gluten free | can be made vegan *

Broccolini, green leaves, haloumi, avocado & green pea hummus, coriander zhoug, poached egg *make me vegan | sub haloumi and egg for miso mushroom and slow roasted tomato

ONESIE 14 can be made gluten free One poached egg, one bacon, one tomato, one butter, one toast, onesie love

EGGS 'N HOLLY 20 can be made gluten free Poached eggs, sourdough toast, green leaves, hollandaise sauce add streaky bacon +7 | miso mushrooms +6 | broccolini +6

SHACK DADDY 29 gluten free Chorizo, ham, herby potatoes, pickled red onions, cavolo nero, harissa, hollandaise, poached eggs

GOOD EGGS 14 (scramble +2) can be made gluten free Poached or fried, sourdough, tomato kasundi

ADD A LITTLE SOMETHIN' SOMETHIN'

Miso mushrooms | Slow roasted tomato 6 Pork belly, pickled fennel, crispy onion 10 Grilled halloumi | Streaky bacon | Herby potatoes with aioli 7 Fries with aioli or vegan mayo 10

We are happy to swap any toast for gluten free toast +2 or green leaves +2

Gluten free, Dairy free & Vegan options are available on request. If you have any food allergies, please be sure to tell us so we can help you with your options. We do use nuts, gluten, soy, crustacea, dairy, fish, eggs, sesame seeds and lupins in our kitchen.

COFFEE | DRINKS

JUICE

Orange | Apple | Tomato juice 5.5 Apple, blackcurrant + raspberry 6 Guava + passion fruit 6 | Orange + mango 6 Carrot, orange, apple + ginger 9 SMOOTHIES vegan Otis the Cacao banana, dates, cacao, peanut butter, oat milk 9 Morning Gorgeous berries, mango, orange + banana 9

GOOD SIPS Chia Sisters Blueberry Gut Health 6 Chia Sisters Orange Passionfruit Natural Energy 6 Arepa Blackcurrant The Brain Drink 9

FIZZ

Karma Cola 6 | Lemmy Lemonade 6 | Sugar Free Cola 6 Gingerella 6 | Red Grapefruit 6 Good Buzz Pineapple + Mango Kombucha 6 Almighty Sparkling Water Peach + Ginger 6 Sundays lemon + yuzu | raspberry, blackberry + elderfower 6 Antipodes Sparkling 9

BREWS

Quiet XPA <0.5% Heaps Normal 9 Hazy Bare Beer <0.5% Sawmill 9 Pilsner 4.8% Sawmill 9 Swifty Beer 4.2% Garage Project 9 Good Shout Hoppy 4% low carb / low gluten Garage Project 9 Chipper Hazy Pale Ale 5% Garage Project 9 Apple Cider 5.3% Peckhams 9

PLONK

 Prosecco
 Invivo x Italia 12 | 55

 Sauvignon Blanc
 Koparepare Marlborough 11 | 55

 Pinot Gris
 Wild Earth Central Otago 13 | 65

 Rose
 Beachhouse

 Hawkes
 Bay 11 | 55

 Tempranillo
 La Inocencia Valdapenas 13 | 65

PICK ME UPS

Bloody Mary 15 Rum 'n Ginger | spiced rum, ginger ale & lime 15 Mimosa | orange juice & prosecco 13 Botanical | zesty lemon gin, cucmber & tonic 13 Aperol spritz | Aperol, prosecco, soda & orange 15

The Shack loves cash and debit cards. If you would prefer to use contactless or credit card payments, a 2% surcharge applies to cover fees.

ESPRESSO COFFEE KAWHE KUTE

Short black **Pango poto** 4 Long black **Pango roa** 4 Americano **Amerikano** 4 Flat white **Mowai** 4.5 Silky (long black with cream) 4.5 Cappuccino **Kaputino** 4.5 Latte **Rate** 5.5 Hot chocolate **Tiakarete wera** 5 Mocha **Moka** 5.5 Cosset chai **Rate chai** 5 Lemon honey ginger 4.5 Golden turmeric latte 6 Matcha latte 6 Cacao hot chocolate 6 Iced Coffee | Iced Chocolate | Iced Chai 7.5

Proudly serving Rocket Coffee and Dreamview Milk

ADD ON

Otis oat milk .80 NZ grown and made Plant milk .80 gluten, lactose & soy free Decaf .50 Vanilla syrup - caramel syrup .80

TAKEAWAY CUP add .50

A POT OF TEA TOTAL 5

english breakfast earl grey rooibos citrus lime green peppermint mango star chamomile

LUNCH MENU

RAGLAN BAGELS

Avocado, pesto, swiss cheese, pickled fennel, slow roast tomato 21 Smoked kahawai, herbs, chopped egg, caper remoulade 18 Cream cheese and jam 13

CHILLI SCRAMBLE 24

Scrambled eggs, sourdough, pumpkin, peanut chilli crunch, feta, red chilli, pickled red onion, coriander

MUSHROOMS ON TOAST 23 can be made gluten free Thyme roasted, balsamic cream, whipped ricotta, walnut dukkah, parmesan, sourdough toast

ONESIE 14 can be made gluten free One poached egg, one bacon, one tomato, one butter, one toast, onesie love

GOOD EGGS 14 (scramble +2) can be made gluten free Poached or fried, sourdough, tomato kasundi

ADD A LITTLE SOMETHIN' SOMETHIN'

Miso mushrooms | Slow roasted tomato 6 Pork belly, pickled fennel, crispy onion 10 Grilled halloumi | Streaky bacon | Herby potatoes with aioli 7 Fries with aioli or vegan mayo 10

CHILLI CRUNCH RICE 21 gluten free | dairy free | can be made vegan

Miso fried brown rice, coriander & cabbage slaw, kewpie mayo, lime, peanut chilli crunch add Sticky chicken thigh +7 | Chilli fried egg +4 | Miso mushrooms +6 **vegan**

SOUP 18 can be made gluten free We'll let you know what todays flavour is....

ZUCCHINI, CHICK PEA & HALOUMI FRITTERS 25 gluten free Harissa, cucumber & cumin yoghurt, rocket, poached egg

POTATO GNOCCHI 23 Roasted tomato sugo, ricotta, pine nuts, parmesan

COS WEDGE SALAD 20 vegan | can be made gluten free Avocado & green pea hummus, miso tahini dressing, puffed quinoa, herb bread crumb, vegan mayo & pepitas

CHEESEBURGER 19

Smashed beef patty, burger cheese, T sauce, pickles, brioche bun, bbq mayo add Royale with cheese +5 (bacon, mustard & cheese) add fries & bbq mayo +5

We are happy to swap any toast for gluten free toast +2 or green leaves +2

Gluten free, Dairy free & Vegan options are available on request. If you have any food allergies, please be sure to tell us so we can help you with your options. We do use nuts, gluten, soy, crustacea, dairy, fish, eggs, sesame seeds and lupins in our kitchen.

The Shack loves cash and debit cards. If you would prefer to use contactless or credit card payments, a 2% surcharge applies to cover fees.

COFFEE | DRINKS

JUICE

Orange | Apple | Tomato juice 5.5 Apple, blackcurrant + raspberry 6 Guava + passion fruit 6 | Orange + mango 6 Carrot, orange, apple + ginger 9

SMOOTHIES vegan Otis the Cacao banana, dates, cacao, peanut butter, oat milk 9 Morning Gorgeous berries, mango, orange + banana 9

GOOD SIPS Chia Sisters Blueberry Gut Health 6 Chia Sisters Orange Passionfruit Natural Energy 6 Arepa Blackcurrant The Brain Drink 9

FIZZ

Karma Cola 6 | Lemmy Lemonade 6 | Sugar Free Cola 6 Gingerella 6 | Red Grapefruit 6 Good Buzz Pineapple + Mango Kombucha 6 Almighty Sparkling Water Peach + Ginger 6 Sundays lemon + yuzu | raspberry, blackberry + elderfower 6 Antipodes Sparkling 9

BREWS

Quiet XPA <0.5% Heaps Normal 9 Hazy Bare Beer <0.5% Sawmill 9 Pilsner 4.8% Sawmill 9 Swifty Beer 4.2% Garage Project 9 Good Shout Hoppy 4% low carb / low gluten Garage Project 9 Chipper Hazy Pale Ale 5% Garage Project 9 Apple Cider 5.3% Peckhams 9

PLONK

Prosecco Invivo x Italia 12 | 55 Sauvignon Blanc Koparepare Marlborough 11 | 55 Pinot Gris Wild Earth Central Otago 13 | 65 Rose Beachhouse Hawkes Bay 11 | 55 Tempranillo La Inocencia Valdapenas 13 | 65

PICK ME UPS

Bloody Mary 15 Rum 'n Ginger | spiced rum, ginger ale & lime 15 Mimosa | orange juice & prosecco 13 Botanical | zesty lemon gin, cucmber & tonic 13 Aperol spritz | Aperol, prosecco, soda & orange 15

ESPRESSO COFFEE KAWHE KUTE

Short black Pango poto 4 Long black Pango roa 4 Americano Amerikano 4 Flat white Mowai 4.5 Silky (long black with cream) 4.5 Cappuccino Kaputino 4.5 Latte Rate 5.5 Hot chocolate Tiakarete wera 5 Mocha Moka 5.5 Cosset chai Rate chai 5 Lemon honey ginger 4.5 Golden turmeric latte 6 Matcha latte 6 Cacao hot chocolate 6 Iced Coffee | Iced Chocolate | Iced Chai 7.5

Proudly serving Rocket Coffee and Dreamview Milk

ADD ON

Otis oat milk .80 NZ grown and made Plant milk .80 gluten, lactose & soy free Decaf .50 Vanilla syrup - caramel syrup .80

TAKEAWAY CUP add .50

A POT OF TEA TOTAL 5 english breakfast earl grey rooibos citrus lime green peppermint mango star chamomile